

BREASTFEEDING POLICY STATEMENT

RSU 19 is committed to providing a work environment in which all individuals are treated with respect and dignity. We acknowledge the challenges of balancing work and family, and recognize that job quality and support are powerful predictors of success.

RSU 19 is committed to supporting its employees who chose to breastfeed. To assist employees with balancing work and family, we have implemented a workplace lactation program. Components of the program include:

- Support – Various breastfeeding resources have been purchased and are available to be signed out. Local resources are shared with all pregnant staff members.
- Space – A private, secure lactation room will be provided upon request.
- Time – Flexible work arrangements can be made to ease a mother's return to work. Appropriate breaks will be arranged on request on an individual basis, depending on the needs of the mother.

For more information, please contact the School Health Coordinator at RSU 19.